

COALITION ON RICHER DIVERSITY [CORD]

A Newfoundland & Labrador Diversity and Immigration Umbrella Organization

Solutions Group C (SGC) – Health

The Health Solutions Group is a coming together of proactive and energetic people who have a passion for promoting public health, wellness, equitable access and caring for people's well being in an increasingly diverse climate.

The group's purpose is to devise *practical* ways to address diversity by

- ✓ Improving the level of health care
- ✓ Addressing current health care issues,
- ✓ Developing a more holistic understanding of health (Mental, Emotional, Physical, Spiritual)
- ✓ Improving access to services
- ✓ Developing culturally sensitive health and wellness services

Members of this Solutions Group will discuss, share information and identify potential support in all areas of the health care sector including

- Examining current practices,
- Getting feedback from service participants,
- Identifying gaps and successes/ resources (i.e. Alternative, Traditional medicine)
- Placing an emphasis on prevention
- Generating ideas & practical strategies for projects
- Overcoming language & other cultural barriers
- Upgrading & training health care professionals
- Delivering pastoral care in hospitals
- Understanding culture specific & traditional medicine
- Understanding the different views on health from different cultures (i.e. not everyone believes they should/ can take responsibility for their health)
- Staff education (especially regarding the impact of war and trauma, cultural differences and experience, ex. PTSD)

CORD wants your input.

CORD wants to benefit from your ideas and experiences.